



Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Overview:**

The Lower Extremity Functional Scale (LEFS) can be used to evaluate the functional impairment of a patient with a disorder of one or both lower extremities. It can be used to monitor the patient over time and to evaluate the effectiveness of an intervention.

**LEFS Questionnaire- Initial/Followup**

Please rate your pain level with activity: 0 1 2 3 4 5 6 7 8 9 10

Unable to perform activity or extreme difficulty	0
Quite a bit of difficulty	1
Moderate difficulty	2
A little bit of difficulty	3
No difficulty	4

Activities:

1	Any of your usual work, housework or school activities	0	1	2	3	4
2	Your usual hobbies, recreational or sporting activities	0	1	2	3	4
3	Getting into or out of the bath	0	1	2	3	4
4	Walking between rooms	0	1	2	3	4
5	Putting on your shoes or socks	0	1	2	3	4
6	Squatting	0	1	2	3	4
7	Lifting an object like a bag of groceries from the floor	0	1	2	3	4
8	Performing light activities around your home	0	1	2	3	4
9	Performing heavy activities	0	1	2	3	4
10	Getting into or out of a car	0	1	2	3	4
11	Walking 2 blocks (about 1/6 mile or 250 meters)	0	1	2	3	4
12	Walking 1 mile (1.16 km)	0	1	2	3	4
13	Going up or down 10 steps ( about 1 flight of stairs)	0	1	2	3	4
14	Standing for 1 hour	0	1	2	3	4
15	Sitting for 1 hour	0	1	2	3	4
16	Running on even ground	0	1	2	3	4
17	Running on uneven ground	0	1	2	3	4
18	Making sharp turns while running fast	0	1	2	3	4
19	Hopping	0	1	2	3	4
20	Rolling over in bed	0	1	2	3	4